North Central & Central Connecticut
Youth Substance Use Resource Guide

This resource list was put together by the **North Central Network of Care (NCNC)** and the **Central Network of Care**. A Network of Care is a large group of professionals, parents and community members looking to strengthen the connection between regional partner agencies and families by sharing information, data and resources with the goal of providing a more seamless continuum of behavioral health services and care for communities. To join the North Central Network of Care contact **ncnetworkofcare@gmail.com** and for more information about the Central region contact Lisa Palazzo at **lisa.palazzo@beaconhealthoptions.com**

Regional Behavioral Health Action Organization

Amplify

AMPLIFY, Inc serves as the regional behavioral health action organization (RBHAO) for the North Central Region. Amplify leads regional planning, education, and advocacy efforts that focus on mental health promotion and substance use prevention for youth and adults across the lifespan. To learn more about upcoming trainings and activities, join the LISTSERV at the bottom of the page.

To find your Local Prevention Councils, which work to raise awareness of substance misuse and offer early intervention plans and evaluation Click Here.

Youth Programs (Clinical & Non-Clinical)

BRIDGE FAMILY CENTER **

45 WEST MAIN STREET AVON, CT 06001

26 UNION STREET, STE 2 ROCKVILLE, CT 06066

100 SHIELD STREET WEST HARTFORD, CT 06110

(860) 313-1119

COMMUNITY HEALTH RESOURCES **

Provides Substance Screening Treatment Recovery for Youth

(SSTRY), OP and other treatment

SEVERAL LOCATIONS THROUGHOUT THE REGION

(877) 884-3571

COMMUNITY MENTAL HEALTH AFFILIATES

233 MAIN STREET NEW BRITAIN, CT 06051

(860) 224-8192

CT JUNIOR REPUBLIC

Provides Substance Screening Treatment Recovery for Youth (SSTRY)

145 SOUTH WHITING STREET NEW BRITAIN, CT 06051

(860) 357-4467

HARTFORD BEHAVIORAL HEALTH

OUTPATIENT CLINIC BROCHURE

2550 MAIN STREET HARTFORD, CT 06120

(860) 548-0101

HOCKANUM VALLEY COMMUNITY COUNCIL

27 NAEK ROAD, STE 4 VERNON, CT 06066

(860) 872-9825

THE NEXT RIGHT THING

345 NORTH MAIN ST, SUITE 306 WEST HARTFORD 06117

(860) 233-8803

NORTH AMERICAN FAMILY INSTITUTE (NAFI)

49-51 WETHERSFIELD AVENUE, HARTFORD, CT 06114

(860) 560-0558

RUSHFORD **

GLASTONBURY

110 NATIONAL DRIVE GLASTONBURY, CT 06033

MERIDEN

883 PADDOCK AVENUE MERIDEN, CT 06450

1 (877) 577-3233

ROOT CENTER FOR ADVANCED RECOVERY **

MIDDLETOWN OFFICE AND VIRTUAL SERVICES STATEWIDE

1 (800) 862-2181

THE VILLAGE FOR FAMILIES & CHILDREN **

HARTFORD

1680 ALBANY AVE, HARTFORD, CT 06105

(860) 236-4511

WHEELER CLINIC **

BRISTOL (HEALTH CENTERS)

225 NORTH MAIN STREET BRISTOL, CT 06010

NEW BRITAIN

40 HART STREET NEW BRITAIN, CT 06052

HARTFORD

43 WOODLAND STREET HARTFORD, CT 06105

(860) 793-3500

** (SEE WEBSITE FOR ADDITIONAL INFORMATION & LOCATIONS)

Click on links in red to bring you to websites for further information

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MEDICATION ASSISTED TREATMENT (MAT)

Department of Mental Health and Addiction Services:

◊ **Finding Treatment** OR call 1 (800) 563-4086

Information for Family and Friends:

◊ **Medication Assisted Treatment - Facts for Families and Friends**

◊ **E Book for Parents and Caregivers of Teens and Young Adults Addicted to Opioids**

CT Behavioral Health Partnership (CTBHP) MAT Resources: (Provider and Member Resources)

◊ **Beacon Health Options Connecticut - Medication Assisted Treatment (MAT) (ctbhp.com)**

◊ **MAT Resources**

Medication Assisted Treatment (MAT) Informational Brochure

Medications for Opioid Use Disorder (MOUD) Informational Table

PEER SUPPORT AND RECOVERY SERVICES

Advocacy Unlimited: A peer run organization that uses direct lived experience navigating mental health, addiction, and trauma to promote individual growth, human rights, and systems transformation.

Beacon Health Options: For individuals with Husky, request a Peer by calling **877-552-8247**, or visit **www.ctbhp.com**. Hearing-impaired individuals, dial 711 Relay Services. See **brochure** here.

CCAR: CCAR is a centralized resource in CT connecting individuals with others in recovery and providing access to area support services.

Rocking Recovery "Recovery Innovations for Pursuing Peer Leadership and Empowerment": Services and information for those with mental health and/or addiction challenges.

Smart Recovery CT: SMART Recovery Connecticut is a group of meeting facilitators and volunteers dedicated to providing choice in addiction recovery in Connecticut. There is a selection of **Teen SMART Recovery Meetings** available!

Turning Point CT: Developed by young people in CT who are in recovery from mental health and substance use issues. **Need help now? Call 1 (800) 273-8255 or Text "CTL" to "741741"**

Youth Recovery CT: For Connecticut teens and young adults struggling with addiction or substance use issues, offering recovery assistance, peer support, and hope.

COALITIONS & COLLABORATIVES

To find your local community collaborative: **Community Collaboratives In CT**

Change Collaborative of Manchester: Gathers and combines talents and resources to address local substance use and other related issues for youth.

Coalition for New Britain's Youth: This collaborative works with data and resources to implement strategies and align community efforts to ensure youth (birth to age 24) will graduate high school, college, start a career.

Vernon Rocks Coalition: Provides outreach and prevention strategies for young people at-risk for developing substance use disorders.

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STATEWIDE RESOURCES

When in crisis, families can contact Mobile Crisis Intervention Services for children and adolescents by calling: 2-1-1 and press "1" and "1" again.

DMHAS 24/7 Access Line: Individuals can call to facilitate access to substance use treatment, linkage to residential detox, and may assist in arranging transportation to DMHAS substance use residential treatment.

◊ Phone: 800-563-4086

Beacon Health Options: Husky Members can call or visit their website for assistance.

◊ Phone: 877-552-8247 Website: **CTBHP.COM**

Beacon Health Options Educational Resources:

◊ Website: **https://www.achievesolutions.net**

CT MAT Provider Locator Map:

◊ **Workbook: CTBHP Medicaid MAT Provider Map (tableau.com)**

ADDICTION Services Bed Availability: Mostly provides information for adult detox facilities and rehabilitation but some offer youth treatment options.

◊ Website: **www.ctaddictionservices.com**

Live LOUD (Live Life with Opioid Use Disorder):

◊ Website: **www.LiveLOUD.org**

Drugfreect: Helping Connecticut understand, prevent, and recover from substance use disorders

◊ Website: **www.drugfreect.org**

Healthy Lives CT: Provides Connecticut residents with resources to support and promote overall wellness.

◊ Website: **https://www.healthylivesct.org/**

Crisis Support
YOU HAVE OPTIONS
ACTION LINE
1•800•HOPE•135 or 211

NATIONAL
SUICIDE PREVENTION LIFELINE
1-800-273-TALK(8255)
suicidepreventionlifeline.org

HARM REDUCTION IN CENTRAL CONNECTICUT:

CONNECTICUT HARM REDUCTION

LEARN HOW TO **USE NALOXONE**

DOWNLOAD THE NORA APP NORA IS A FREE APP FROM THE CONNECTICUT DEPARTMENT OF PUBLIC HEALTH. **USE NORA TO PREVENT, TREAT, AND REPORT OPIOID OVERDOSE**

SYRINGE SERVICES: SERVICES INCLUDE THE PROVISION OF CLEAN SYRINGES, COLLECTS USED SYRINGES, HARM REDUCTION EDUCATION, HIV AND HEPATITIS C TESTING/SCREENING, OVERDOSE PREVENTION (OD) EDUCATION, AND REFERRALS TO DRUG TREATMENT, STD SCREENING, AND OTHER ANCILLARY SERVICES.

LIST OF CT SYRINGE SERVICE PROGRAMS

Click on links in red to bring you to websites for further information